

Thai Herbal Full Body Massage - 1hr 15 £35

Thai herbal compress massage using ground, dried herbs wrapped in a muslin cloth. These 'dumplings' are steamed to release herbal benefits. While still warm, they are worked over the body in a series of movements, helping to release tension in aching muscles. The scent also helps to ease mental exhaustion, leaving you feeling relaxed & stress free.

BEAUTY TREATMENTS * Tint test 24hrs prior to tinting for all new clients

Full Leg Wax	£12
Eyebrows/Chin/Lip/Underarm Wax, (Any two of the above £4 treatments for £6)	£4
Half Leg Wax	£8
Eyebrow Tint*	£5
Bikini/Forearm Wax	£5
Eyelash Tint*	£5
Eyelash Perm with free Tint*	£15
Eye Trio (Inc Eyebrow Tint & Wax & Lash Tint)*	£14

PRE-HOLIDAY WAXING PACKAGES

1/2 Leg, Bikini & Eyebrows	£15
1/2 Leg, Bikini, Underarm & Eyebrows	£18
Full Leg, Bikini, Underarm & Eyebrows	£21

MALE TREATMENTS

Designed to combat the effects of fatigue, stress & irritation, environmental pollution & dehydration.

Vitru Express Treatment - 30-40 mins £25

Perfect for refreshing the skin. A cleanse, tone & exfoliation. An algae mask is applied & you are relaxed with a scalp massage followed by moisturiser.

Vitru Complete Treatment - 60 mins £35

A skin pampering treat with a cleanse, tone & facial scrub, followed by a neck and face massage using vitru facial oil that relieves irritation & inflammation. A specialised algae mask is then used to combat skin stress & to provide a smoothing lifting action. While the mask is on you can enjoy a luxurious massage over the chest, shoulders & arms finishing with a luxury moisturiser.

Based in Kilbirnie, we offer clients the opportunity to receive their treatments in a lovingly converted beauty room, which accommodates all aspects of treatments available. We are equipped with disabled access and cater for women, men and children. The perfect place to soothe your Body, Mind & Soul!

APPOINTMENTS & ENQUIRIES

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TREATMENT LIST



Gift vouchers and loyalty cards available.
Call, email or visit us for more details.

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FACIALS

MONU EXPRESS FACIAL - 30-40 mins £25

Ideal introduction to monu skincare. Your skin is cleansed & exfoliated, followed by a mask suitable for your skin type. Enjoy a relaxing massage, finished by a luxurious moisturiser. Perfect to relax during a lunch break. Can be used prior to a special occasion or make-up application.

MONU AROMATIC FACIAL - 60 MINS £35

This signature facial includes a soothing massage to the face, neck, scalp & shoulders. Monu products will be individually selected to suit your skin type. Mask therapy & exfoliation are used to promote skin rejuvenation. Included in this sumptuous facial is a relaxing hand & arm massage.

- A perfect way to re-charge your batteries.

MONU ACTIVE COLLAGEN FACIAL - 60 MINS £40

OFFER: Book & Pay for 5 treatments get 6TH FREE

An anti-ageing treatment uses the application of a 99% collagen veil which delivers a burst of moisture, plumping lines & wrinkles. Tests have proven that after one treatment, moisture content can be increased up to 75% & after a course of 6 treatments; wrinkle depth can be reduced by as much as 40%. This facial is of great benefit producing outstanding soothing & calming benefits.

MONU SMOOTHING ALGAE FACIAL

60 mins £40

A specialised mask to smooth, sculpt & refine facial contours. Together with a pressure point facial massage & an indulgent neck & shoulder massage to relax & rejuvenate you.

MONU SOOTHING OAT FACIAL - 60 MINS £35

This facial encumbers all that is deeply relaxing & luxurious. A warm soothing oat mask is placed over dehydrated, lifeless skin giving it a new lease of life with its nourishing soothing & anti-inflammatory properties. Perfect for beating those winter blues

THAI HERBAL FACIAL - 60 MINS £25

Skin is treated to Pure Bliss Organic products. Before a mask is applied, a luxurious massage is performed using warm thai herbal dumplings, followed by a soothing moisturiser.

HOT STONE FACIAL - 60 MINS £25

Heated basalt stones are used to relax & invigorate the face. After a cleanse, tone & facial scrub you are then treated to a sumptuous facial hot stone massage, warming up the muscles & increasing the blood flow to the area. Your skin will feel completely revived!

PURE BLISS ORGANIC FACIAL - 45 MINS £20

Within the organic facial range we have products available for soothing sensitive skin, balancing problem skin, restoring & hydrating ageing skin. All facials moisturise & maintain healthy skin. Suitable for all skin types.

BODY TREATMENTS

SWEDISH MASSAGE

Full Body - 60 mins £20

Back, Neck & Shoulder - 30 mins £15

- Perfect treatment to ease aching, tired muscle tension.

THERMO-AURICULAR® THERAPY

Suitable for children/adults

45 mins £25

1 hr 15 min Inc 30min relaxing massage or facial £35

Thermo-Auricular® Therapy is the professional use of Hopi Ear Candles, used to aid relaxation, relief of human ear, nose & throat conditions & associated problems. It has been used in Britain for over 15 years in the treatment of common ear, nose & throat conditions. However, it has much more practical applications in today's world, from balance problems, excessive wax, ringing in ear, migraines, headaches, sinusitis & ear, nose & throat infections.

REFLEXOLOGY Block Book 6 £90 - Save £20!

1st Treatment - 1 hr 20 Inc Consultation £20

60 min Treatment thereafter £18

Give your "Sole" some attention! Reflexology works on the principal that there are reflexes in the feet which relate to every organ in the body. By gently working over these areas it encourages the body's energy into a state of balance by flushing out toxins & encouraging the body's own natural ability to heal within.

HOT STONE MASSAGE

Full Body - 60 mins £27

Back Massage - 30 mins £20

Working in Harmony using various massage techniques, Hot stone massage, "relaxes the body at its deepest level". Stone therapy has proven to be extremely effective in creating harmony & a positive energy flow.

AROMATHERAPY MASSAGE

Full Body - 60 mins £22

Back, Neck & Shoulders - 30 mins £18

Add Aromatherapy Facial (Chest, Face & Scalp), £5

Cleanse, Tone & Moisturise

Aromatherapy blended with massage is both relaxing & calming. Used to promote positive mental & spiritual health whilst awakening the body's own ability to heal itself.

INDIAN HEAD MASSAGE - 45 MINS £18

An ancient technique used to promote mental calmness & physical wellbeing. Indian Head can stimulate & activate natural chemicals which can bring about relaxation, relieve anxiety, stress & depression.

MONU ESSENTIAL OIL - 2 HR TOP TO TOE £50

This treatment is the ultimate in luxury & is perfect for relieving stress. The face, body & scalp are massaged using precious essential oils. Included in this treatment is a monu cleanse, tone, mask & moisturise. "Bliss!!"

MONU BODY SALT SCRUB - 60 MINS £35

An aromatic & stimulating body buffing cleanse using sea salt with papaya enzymes, linseed extract & warm compresses to gently clean away dead skin cells, while the warm ginger massage oil with calendula & vitamins A+E restores softness & elasticity leaving your skin thoroughly nourished.

LUXURY SPA FOOT & LEG WORKS

60 mins £20

60 mins Inc Hot Stones £25

Revive your feet with a luxury champagne soak & exfoliate with natural sea salts to remove dead skin cells. Followed by an aromatic & moisturising foot mask, then an energising massage to the feet & legs to help uplift you & your feet.